



The Study of Christian Mysticism and Spiritual Alchemy - Syllabus #1: Transformation Training

Month 1 - 1st Class Lecture:

Introduction To Ancient Truth	32
Transference of Power	32
A Word of Warning	33
An Overview of the Story of Fire	33
The Body, Spirit, and Eternal Soul	34
The 4 Types of Influence on the Spirit	34
Understanding "Truth"	36
The 12 Rings Teaching	37

Month 1 - 2nd Class Lecture:

Peel The Onion - Uncover the Soul	38
The Pulling Down Heavens Exercise	38
Demonstrate The 3 Divine Invocations	38
The Acquired Personality	38
The Four Element Personality Types	39
The Pulling Out the Pain Meditation	40

The One Through Ten Meditation	41
One Is Fun	41
Two Is Shoe	42
Three Is Tree	43
Four Is Core	44
Five Is Alive	44
Six Is Thick	45
Seven Is Heaven	46
Eight Is Gate	47
Nine Is Shine	48
Ten Is Begin	48

Month 1 - 3rd Class Lecture:

The Wounding of the Soul	49
Wounding And Closing The Spirit	49

The 1st Stage: Anger & Grief	50
The 2nd Stage: Depression & Despair	50
The 3rd Stage: Detachment	51
Coming out of Denial	51
Our Three Basic Needs	52
My First Three Born-Again Deaths	52
Creating A Life Purpose Statement	54

Month 1 - 4th Class Lecture:

What is Being “Born Again?” 55

The Death of the Boundary System	56
Choosing Good Friends	57
The Old Man and Tide Pool Exercise	58
Experiencing A Spiritual Awakening	58
The “I Am Not” Meditation	60

Month 2 - 5th Class Lecture:

The 3 Root Teachings of Jesus 61

(1.) The Golden Rule (Matthew 7:12)	61
(2.) The Kingdom of God is Within You	62
(3.) Warns Against Religious Hypocrisy	63
A Summary and Overview	64
The True Source of Jesus’ power	65
The Slayers and Devourers Story	65
When you are faced with an upset	66
Class Homework – Life Problem #1	67
When You Are Feeling Stagnant	67

Month 2 - 6th Class Lecture:

The Fall of Man & 3 Barriers 68

The Creation Of The Three Barriers	68
El Elyon - “God Most High”	70
Who is God?	70
The Importance of a Higher Power	73
Do you believe in the U.S. President?	73
The Lemon Meditation	74

Month 2 - 7th Class Lecture:

The Bridge of Light 75

Thread of Life & The Heart Center	76
Thread of Consciousness & The Brain	76
Thread of Consciousness & Soul Star	77
Thread of Creativity & The Throat	79

Combining the Bridge of Light Sounds	80
Spiritual Light & The Bridge of Light	80
The Bridge of Light & Seven Chakras	81
Ending A Meditation	83

Month 2 - 8th Class Lecture:

Overcoming The 3 Main Obstacles	85
Overcoming the Realm of Matter	86
Overcoming the Realm of Energy	86
Overcoming the Realm of Spirit	87
Summary	87
The Value of Meditation	88
The Outside Journey of the Soul	89
The Inside Journey of the Soul	90

Month 3 - 9th Class Lecture:

Mantra Prayer Training	91
Abiding In A “Meditation State”	93
The 7 Chakras & The 7 Vowel Sounds	94

Month 3 - 10th Class Lecture:

Your Most Secret Name	95
(#1) Enhancing Your Divine Relationship	95
(#2) Enhancing Your Divine Power	96
Creating The Most Secret Name Seal	97

Month 3 - 11th Class Lecture:

Using Your Most Secret Name	98
Feeding Your Most Secret Name	98
Utilizing Your Most Secret Name	101
Never Surrender Your Spiritual Light	102

Month 3 - 12th Class Lecture:

The Lost Years of Jesus	103
Researching The Life of Jesus	103
The Four Most Popular Theories	103
Son of God - Son of Man	105
What About His Miraculous Powers?	106
Releasing Attachments To Life	108
The Hallways Of The Mind Meditation	109

Month 4 - 13th Class Lecture:

Mary - Mother of God?	111
Why Was The Virgin Birth Story Important?	112
Mary and the Young Soldier Pantera	114
We are all Born of God	115
Becoming A Polytheistic Religion	116
The Value of Prayer & Meditation	118

Month 4 - 14th Class Lecture:

The Spiritual Light of Christ	119
Why Using the Name of Jesus Works	119
The Function & Purpose of Faith	120
The Proper Pronunciation of Words	121
The Three Old Hermits Story	121
Understanding Christ Consciousness	121
Christian Meditation Training	122

Month 4 - 15th Class Lecture:

The Resurrection Body of Christ	126
Building The Body of Light	126
Jesus and The Body of Light	127
Masters of Light From Other Religions	127
The Value of Fervent Prayer	128
Finding The Still Point	128
Entering "The Gate of Silence"	129
Entering The Still Point Through The Breath	130
Entering The Still Point Through The Heart	130
Bell Ringing - Spirit Extension Exercise	131

Month 4 - 16th Class Lecture:

The Body of Light Training	133
Seeing White Light During Meditation	133
Different Stages of Light Manifestation	133
A Natural Meditation Experience	134
Isolation During Meditation	134
Cautions and Considerations	135
Understanding the 3 Bodies Of Light	135
The Body of Light & Color of the Soul	135
The First Body of Light Meditation	137
Body of Light Meditation Variation	138

Month 5 - 17th Class Lecture:	
Spiritual Transformation	139
Sacred Sounds Of The Body of Light	139
The Three Sacred Garments of Light	139
The Translation of the 5-Sacred Words	140
Understanding Mystical Definitions	141
Spiritual Transformation	141
Reviewing The Sacred Sound Chants	142
Month 5 - 18th Class Lecture:	
Review Classes 1 - 6th	147
Month 5 - 19th Class Lecture:	
Review Classes 7th - 19th	148
Month 5 - 20th Class Lecture:	
The Origin of Hell & Purgatory	149
A Different Perspective On Hell	149
Who Started The Hell-Fire Belief?	149
A Chinese Story of “Heaven & Hell”	152
What is Purgatory?	153
Purgatory in the Christian Religion	153
Where did Purgatory Originate?	154
The Actual Judgment of the Soul	155
Taking Accountability For Wrong-doing	157
Self-Imposed Isolation	158
A Soul’s Personal Book of Life	158
Month 6 - 21st Class Lecture:	
Reincarnation in the Church	160
Extensive Research Into Reincarnation	161
The Reincarnation Process	162
Planning The Reincarnation Program	163
Soul Division	163
Choosing Your Parents	164
Uncovering The Reincarnation Program	164
#1: The Positive Vs Negative Traits	164
#2: The Last Year of Life Technique	165
Returning Home To The Spirit Realm	165
Soul Guides	165
Soul Groups	166
The Council of Elders & Reorientation	167
The Spiritual Evolution of the Soul	168

Conclusion of the Matter 171

Month 6 - 22nd Class Lecture:

Understanding The Eternal Soul 172

The Physical Body & Physical World 172

The Energy Body & Energetic World 172

The Spirit Body & Spirit World 173

Overview of the 3 Bodies & 3 Worlds 173

The 3 Divine States Of The 3 Bodies 173

The 3 Deaths of the 3 Bodies 174

Understanding The Process of Dying 175

The Body, Energy, & Mind Meditation 175

The Tangible & Intangible Meditation 177

Month 6 - 23rd Class Lecture:

The Seven Churches Teachings 179

What Are The Keys to the Kingdom? 179

The Seven Churches (Physical Body) 181

The 7 Golden Lampstands (Energy Body) 183

The Seven Stars (Spirit Body) 184

The 7 Deadly Sins & 7 Chakra Areas 184

The 3 Octaves of the Human Body 187

Month 6 - 24th Class Lecture:

Life-Transforming Questions 188

The 12 Stage Clearing Exercise 188

1. Building A Foundation 189

2. Relationships With Family 189

3. Relationships With Old Lovers 189

4. Relationships With Old Traumas (A) 190

5. Relationships With Old Traumas (B) 190

6. Relationships With Current People 190

7. Relationships With Your Mate 190

Month 7 - 25th Class Lecture:

The Forgiveness Prayer Ritual 191

The Striking the Bag Exercise 192

Ending the Exercise 193

The 5 Levels of Energetic Release 193

Faith, Forgiveness, and Compassion 195

The Forgiveness Ritual 196

Accountability, Forgiveness, & Restoration 199

Month 7 - 26th Class Lecture:	
Secret Church History	201
The Roman Cleanup Crew	202
Historic Formation of the Christian Religion	203
A Review of the Christian Religion Time-Line	206
The Purpose of the Church Today	209

Month 7 - 27th Class Lecture:	
Hidden Teachings (Part #1)	210
The Sacred Architecture	210
The Stained Glass Windows	211
Chanting, Hymns, & Music	213
The Priest's Message And Sermon	214
Addressing The Congregation	215
The Offering — A Form Of Worship	215
Christianity Versus Churchianity	216
Dealing With 3 Types of Materialism	216
Teaching Spiritual Transcendence	217
What Are False Doctrines	218

Month 7 - 28th Class Lecture:	
Hidden Teachings (Part #2)	219
From Ancient Judaism to Christianity	219
The Christian Church Altar Table	219
The Altar Table Light	220
Altar Locations and Ley Lines	221
The Symbol of the Cross	221
The Cross and Spiritual Evolution	225
Making The Sign Of The Cross	226
Origin of the Trinity Doctrine	226
Leaving Our Original Religious Roots	228

Month 8 - 29th Class Lecture:	
Understanding Church Rituals	229
The Purpose and Function of a Ritual	229
Baptism - Death & Rebirth	230
The Baptism of Children	231
Preparation For Infant Baptism	232
Opening The Baby's Chakras	232
Three Types of Oils Used In Church	233
Activating the Magic Power of the Cross	236

Month 8 - 30th Class Lecture:	
The Eucharist	237
The Breaking Bread Celebration	237
The Doctrine of Transubstantiation	238
Transformation and the Eucharist	238
A Deeper Look Into the Eucharist Ritual	240
Conclusion	242

Month 8 - 31st Class Lecture:	
The Origin of the Bible	243
The Old and New Testament Bible	244
The Old Testament	244
The New Testament	244
Different Churches – Different Bibles	245
The New Testament Scriptures Timeline	246
The Apocrypha (Hidden Things)	248
Pseudepigrapha Writings	248
Old Testament Pseudepigrapha Texts	248
New Testament Pseudepigrapha Texts	249
The New Testament And The Gospels	249
Investigating The Four Gospels	250
Purging & Reshaping Ancient Texts	252

Month 8 - 32nd Class Lecture:	
Prayer - (Part A)	256
What is Sin???????	256
How Is Sin Defined In Other Religions	256
Original Sin and Actual Sin	257
Understanding Prayer	258
Jesus and Prayer	258
Speaking From Within The Still Point	259
Finding The Still Point	260
Entering Through The Gate of Silence	260
Using The Breath To Enter The Still Point	261
Entering The Still Point Via The Heart	262
The Inner-Structure of Prayer	262

Month 9 - 33rd Class Lecture:	
Prayer - (Part B)	266
Different Ways Of Speaking A Prayer	266
The Creative Power of Words	267
Speaking A Declaration Into Existence	269
Using Sacred Names & Words of Power	270

Words (Logos) and Consciousness	270
The Different Structures of Words	270
Training the Spoken Word	271
Masculine Vowels & Feminine Consonants	272
Training To Project Sound Vibrations	273

Month 9 - 34th Class Lecture:

Prayer - (Part C)	274
Sound Projection #3 (Tissues)	274
Speaking An Energetic Manifestation	275
Magical Invocations & Casting Spells	276
Christians Using Their Words To Curse	277
Imprinting Things Using Prayer	279
The 4 Primary Properties Of Energy	279
The 4 Step Meditation Exercise	281

Month 9 - 35th Class Lecture:

Language, Mythology, Geometry	283
Language, Mythology, Sacred Geometry	283
The Skill of Language	283
The Skill of Mythology	284
The Skill of Sacred Geometry	286
Sacred Geometry and Meditation	287
The Lord's Prayer & 7 Door Meditation	288

Month 9 - 36th Class Lecture:

Divine Law, Energy, & Creation	291
What Is Divine Energy?	291
The Six Realms of Divine Energy	291
Understanding Divine Law	293
The Law of One	293
The Law of Three	294
The 3 Manifest a 4th Energetic Force	296
The Six Activities	296
The 7 Sacred Laws of Creation	298
The Law of the Seven	300

Month 10 - 37th Class Lecture:

The Law of Octaves	302
Understanding the Law of Octaves	302
The "Mi-Fa Interval" Transition	304
Forward Time and Reverse Time	305

The “Ti-Do Interval” Transition	306
Each of the 7 Chakras -Have 7 Chakras	308
The 7 Chakras and 3 Bodies	308
The First Level - Physical Horizontal	309
The Three Bodies Meditation	309
The Second Level - Spiritual Vertical	311
Releasing The Spirit Body Meditation	311
The Third Level - Spiritual Horizontal	313
Month 10 - 38th Class Lecture:	
Divine Healing (Part A- Your Calling)	314
What Is Divine Healing	314
Divine Laws and Divine Healing	314
Jesus’ Ministry as a Faith Healer	315
An Honest Overview Of Healing	321
Month 10 - 39th Class Lecture:	
Divine Healing (Part B- Your Tools)	323
Having A Healing Ministry	323
Different Healing Applications	324
Healing The Three Bodies	325
The Divine Waterfall Treatment	325
The Divine Waterfall Meditation	325
Making Holy Anointing Oil	326
Constructing The Holy Anointing Oil	326
Making Holy Water	327
Using Holy Water	328
Prayer Cloths	328
Purification Incense	329
Incense Smoke	330
Burning Incense	330
The Alchemy of Incense	331
Christian Prayer Beads	331
Month 10 - 40th Class Lecture:	
Divine Healing (Part C- Sacred Seals)	332
Sacred Symbolology, Seals, & Holy Sigils	332
Dispelling Myth from Fact	333

A Revisit of your Most Secret Name	337
Your Authority To Use Divine Seals	338
Using Divine Seals and Sacred Sigils	340

**Month 11 - 41st Class Lecture:
Christian Kabbalah Tree of Life 342**

The Jewish Kabbalah	342
The Christian Kabbalah	344
The Ten Gates of Light (Sephiroth)	344
The Ten Sephiroth (Emanations)	345
The 1st - Kether (Will)	345
The 2nd - Chokmah (Wisdom - Mind)	345
The 3rd - Binah (Understanding - Heart)	345
The 4th - Through 9th Emanations	347

The Tree of Life Hand Seal Pattern 349	
The Rings of Light Meditation	351

**Month 11 - 42nd Class Lecture:
Review Classes 20th - 27th 353**

**Month 11 - 43rd Class Lecture:
Review Classes 28th - 34th 354**

**Month 11 - 44th Class Lecture:
Review Classes 35th - 41st 355**

**Month 12 - 45th Class Lecture:
Understanding Karma 356**

Blocking, Returning, & Scattering	357
Defining Karma	358
Personal Karma	358
Group Karma	359
Poly (Many) - Karma	359
Intercepting Karma	359
Transformation Wisdom	359
Stages of Ascension Training Practice	361